

Course title: Activities for the Mentally Retarded ^^^

Course Number: CC 11U - PJC

Course Description:

This course is designed to give the student the opportunity to develop skills to interact with the mentally retarded, individually or in groups, utilizing goal-directed activities. Included will be physical activities, music, drama, relaxation, recreation and leisure-time activities. Each activity involves an exercise through which the student will be able to demonstrate the use of the skills introduced in a "pre-lesson" evaluation of the activity for the mentally retarded.

Course Objectives:

1. At the end of this course the student will be able to involve the mentally retarded individual in a variety of activities.
2. At the end of the course the student will be able to modify a specific activity to meet the limitations of an individual or a group.
3. The student will understand the need and philosophy for leisure-time and recreational activities.
4. The student will be able to select an activity which would be appropriate to the individual's ability and interests.

Areas to be Covered:

1. Philosophy
2. Developmental Patterns
3. Music Activities
4. Language Activities

5. Physical Activities

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6. Outdoor Recreation

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Evaluations

1. Regular attendance and participation in class.
2. Responsible for all hand-outs and materials.
3. Each student will be responsible for several research topics which will be presented to the class. These topics will include modification of activities for the

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retarded and a demonstration of practice. Emphasis will be on adaptability and appropriateness,

^, There will be mid-term and final examinations.

5. The grade of A, B, C, or I will be awarded.

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